



Share the News!

Our mission is to be a vital resource by nourishing our community in body, mind and spirit.

Thank Yous & What's Coming Up

Don't forget to share this email with your friends!



Nourish to Flourish

**Thank you to everyone who turned in
pledge cards at our Nourish to Flourish
Dinner to benefit OCS.**

**If you still need to arrange
your recurring donation,
scan our QR code or go to
the donate page on our
website.**



We are so grateful for the Johnstown Hospital Foundation's continued generosity. This is just the latest of several gifts from the Foundation. Recognizing the direct relationship between good nutrition and good health, the Johnstown Hospital Foundation has contributed over \$200,000 to help us establish a home for a Food Is Medicine program that is coming to One Church Street!

space mission donor spotlight

Johnstown Hospital Foundation

THANK
YOU!



Thank You to the Johnstown
Hospital Foundation for
their generous donation of
\$33,000 to help nourish our
neighbors.

Beer, Wine and Chocolate Tasting

Friday, November 1, 2024

7:00 - 9:00 pm at The Eccentric Club



***Tickets
\$50***

Please consider donating a theme basket

Call 518-762-9210

***Proceeds benefit the NOAH Free Community Meal and the
Johnstown Food Pantry.***

Our famous Beer, Wine and Chocolate Tasting is coming November 1st. Notice that we are including craft beers in the tasting event! Join us and learn about special wines and micro-brewery beers as well as luxurious chocolate and other sweets.

Tickets are \$50 each. Look for them at various places around town soon or stop by the One Church Street office. All proceeds support the NOAH Free Community Meal program and the Johnstown Food Pantry.

We also need volunteers to create theme baskets to raffle. Deliver completed baskets to the church office by October 15th. Be sure to include your name and a list of the contents. We will wrap them up! Questions? Call the church office at (518) 762-9210.



October is Blood Sugar Balancing Month!

Check in every Monday next month for our "Food is Medicine Mondays" posts on our Facebook, Instagram and website. You'll find steps you can take to balance your blood sugar. Helpful for the month of Halloween candy!

You can find previous Food is Medicine tips and information on our website at <https://onechurchstreet.org/food-is->

medicine/.

Donate Today!

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One Church Street | 21 N. Market Street PO Box 395 | Johnstown, NY 12095 US

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